

How to Say the Rosary

- I BELIEVE IN GOD**, the Father almighty, Creator of Heaven and earth. And in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate; was crucified, died, and was buried. He descended into Hell. The third day He rose again from the dead. He ascended into Heaven, and sits at the right hand of God, the Father almighty. He shall come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen
- OUR FATHER**, Who art in Heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trspasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.
- HAIL MARY**, full of grace, the Lord is with thee. Bessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us, sinners, now and at the hour of our death. Amen.
- GLORY BE** to the Father, and the Son, and the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.
- O MY JESUS**, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

The Joyful Mysteries (Mondays and Saturdays)

- 1st: **The Annunciation** to Mary by the archangel Gabriel (Lk 1:26-38) *Fruit:* Humility
- 2nd: **The Visitation** of Mary with Elizabeth (Lk 1:39-56) *Fruit:* Love of Neighbor
- 3rd: **The Nativity of Our Lord** (Mt 1:18-25; Lk 2:1-20) *Fruit:* Poverty
- 4th: **The Presentation** of the infant Christ in the Temple (Lk 2:22-32) *Fruit:* Obedience
- 5th: **The Finding of the Child Jesus in the Temple** (Lk 2:41-52) *Fruit:* Piety

The Sorrowful Mysteries (Tuesdays and Fridays)

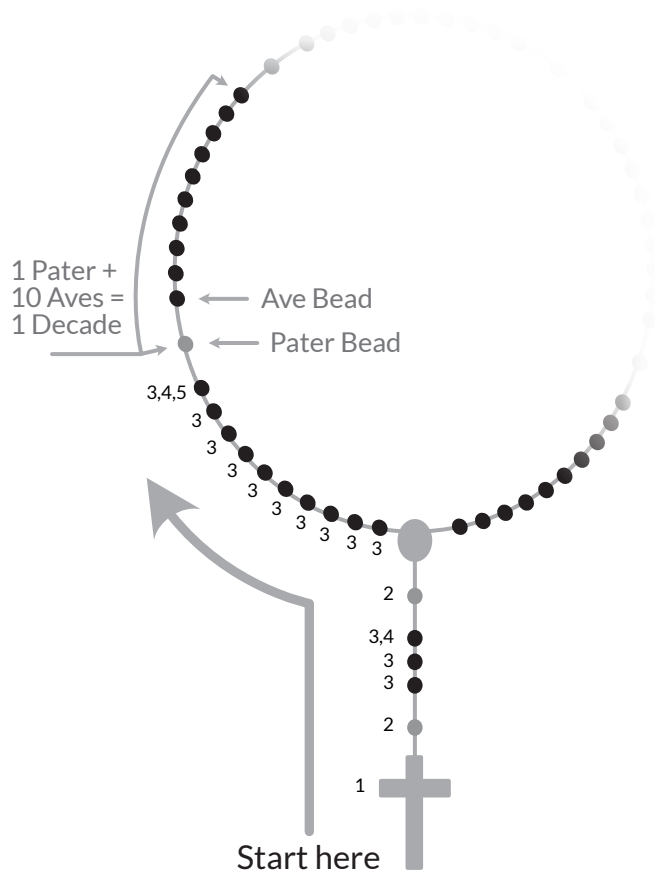
- 1st: **The Agony in the Garden** (Mk 14:32-42) *Fruit:* Contrition, true sorrow for sins
- 2nd: **The Scourging at the Pillar** (Jn 19:1) *Fruit:* Purity, mortification
- 3rd: **The Crowning with Thorns** (Mk 15:16-20) *Fruit:* Moral courage
- 4th: **The Carrying of the Cross** (Jn 19:12-17) *Fruit:* Patience
- 5th: **The Crucifixion** (Mt 27:33-56; Mk 15:22-41; Lk 23:26-49; Jn 19:16-30) *Fruit:* Perseverance

The Luminous Mysteries (Thursdays)

- 1st: **The Baptism of Our Lord** in the Jordan (Mt 3:13-16) *Fruit:* Openness to the Holy Spirit
- 2nd: **The Wedding at Cana** (Jn 2:1-11) *Fruit:* To Jesus through Mary
- 3rd: **The Proclamation of the Kingdom of God** (Mk 1:14-15) *Fruit:* Repentance
- 4th: **The Transfiguration** of Our Lord (Mt 17:1-8; Lk 9:28-29) *Fruit:* Desire for Holiness
- 5th: **The Institution of the Eucharist** (Mt 26) *Fruit:* Adoration

The Glorious Mysteries (Wednesdays and Sundays)

- 1st: **The Resurrection** (Lk 24:1-12; Jn 20) *Fruit:* Faith
- 2nd: **The Ascension** (Lk 24:50-53; Acts 1:1-12) *Fruit:* Hope
- 3rd: **The Descent of the Holy Spirit** at Pentecost (Acts 2:1-4) *Fruit:* Charity
- 4th: **The Assumption** of the Blessed Virgin Mary (Song 2:8-14) *Fruit:* Grace of a happy death
- 5th: **The Coronation of the Blessed Mother** (Apoc 12:1-4) *Fruit:* Trust in Mary's intercession



IN THE NAME of the Father, and of the Son, and of the Holy Spirit. Amen.

Say the Apostle's Creed & Lord's Prayer:

1. I BELIEVE...
2. OUR FATHER...

Say the Prayers for Virtue:

3. HAIL MARY... (for an increase in Faith)
3. HAIL MARY... (for an increase in Hope)
3. HAIL MARY... (for an increase in Charity)

Say the Doxology:

4. GLORY BE...

For each Decade, repeat this pattern:

Announce the Mystery and meditate upon it

2. OUR FATHER... (1 time, on the Pater bead)
3. HAIL MARY... (10 times, on the Ave beads)
4. GLORY BE... (1 time, on the last Ave bead)
5. O MY JESUS... (1 time, on the last Ave bead)

Say the Concluding Prayers:

HAIL HOLY QUEEN, Mother of Mercy. Our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, so that after this, our exile, you may show unto us the fruit of thy womb, Jesus. O clement, o loving, o sweet Virgin Mary. Pray for us, o Holy Mother of God, that we may be made worthy of the promises of Christ.

Let us pray: OH GOD, Who's only begotten Son, by His life, death, and resurrection has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating on these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ, Our Lord. Amen.